



OUR CLINICIANS & STAFF

Aarti Goswami, M.Ed, LPC
Managing Director

Sophia Banu, MD
Director of Psychiatric Services

Nizete-Iy Valles, PhD
Child Psychologist

Kasey Wolff, M.Ed, LPC-I
Counselor

Cindy Velez, MSW
Social Worker

Maggie Burkett, MSW
Social Worker

Stephanie Rodriguez-Morales
Program Specialist

Jeffrey Kottler, PhD
Resident Scholar

We specialize in...

- Depression
- Stress management
- Improving communication skills
- Parenting
- Conflicts between generations
- Acculturative stress
- Domestic abuse-related issues
- Violence in relationships and families



CONTACT US

6440 Hillcroft Ave
Suite 304
Houston, Texas 77081

Wellness Clinic: (713) 554-1890
Main office: (713) 776-4700

info@TheAllianceTX.org
www.TheAllianceTX.org/Wellness-Clinic

Opportunity for all.

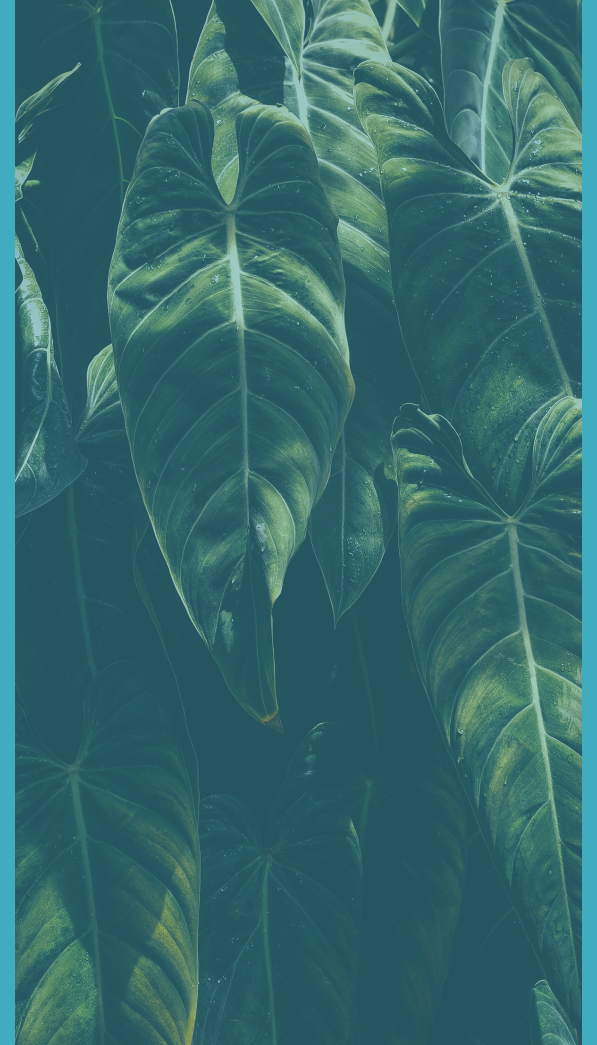


WELLNESS CLINIC



OUR SERVICES

- Individual, couple, family, and group counseling
- Trauma recovery (domestic violence, human trafficking, and disaster)
- Psychiatric consultations and medication management
- Child psychology
- Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- Dialectal Behavior Therapy (DBT)
- Assessments and testing



WHO WE SERVE

The Alliance Wellness Center supports the emotional care, behavioral health, and mental health needs of all Houston-area residents, including individuals who arrived as refugees and immigrants. Our staff clinicians speak Spanish, Urdu, Hindi, and Nepali. Other languages may be accommodated as needed with prior arrangement.

HOURS OF OPERATION

Monday through Friday
9am to 5pm
Saturday (Child Psychologist)
10am to 4pm
Psychiatry Tuesdays only

To make an appointment, please call (713) 554-1890

PAYMENT

We accept Medicaid, Medicare, Point Comfort (Refugee Medical Assistance), and private insurance. For those that are uninsured, a sliding fee scale is available.